

Maitreyi College followed detailed below two Best Practices during 2017-18

As an academic institution of repute, Maitreyi College strives to evolve continuously and broaden its outlook and horizon through certain practices that establish and enhance the academic potential of the college along with a keen sensitivity towards socially and individually relevant issues and awareness. In order to ensure a fine balance between structured classroom learning patterns and experiential learning that derives its roots from specialized expertise, industry and environment the college appropriated the academic session of 2017-18 to the following two best practices:

### **Best Practice 1**

Enhancement of academic learning through Lectures and Field trips

In order to broaden the avenues of learning and understanding, all departments of our college tend to regularly invite guest speakers so as to enable their students to gain in depth knowledge along with analytical and experiential understanding from experts in multiple relevant fields. The experts range from academicians, industrialists, financial experts, consultants, health care specialists, critics, historians, poets, writers and others who along with specialization in their respective fields also encourage an interdisciplinary approach to understanding and learning. The following eminent speakers were invited during 2017-18 by various departments:

1. Dr. Sue Desmond-Hellmann , CEO, Bill & Melinda Gates Foundation
2. Prof. T.R.Rao, Eminent Scientist and visiting faculty, IISER, Mohali.
3. Dr. Abhinash Bhora, Deptt of Economics, Ashoka University.
4. Dr. Surajit Mazumdar, Deptt of Economics,SSS,JNU.
5. Prof. Karuna Shankar Upadhyay, Eminent, critic and writer, University of Mumbai.
6. Dr. D. Haranath, Principal Scientist and Professor, NPL.
7. Prof. Satish Deshpande, Department of Sociology, Delhi University.
8. Prof. Maitreyee Chaudhary, Professor JNU
9. Dr. Ghazala Jamil, Professor JNU
10. Dr. Gargi Chakravartty, Retired from Deptt of history, Maitreyi College
11. Dr. BBL Madhukar, Director General, BRICS Chambers of Commerce and Industry
12. Mrs. Purnima Anand, President BRICS International Forum
13. Prof. C.P. Gupta, Financial expert and Professor in Department of financial studies, South Campus, University of Delhi
14. Mr. Samant Sikka, CEO and Founder Sqrrl Fintech
15. Mr. Varun Madan, CEO and Founder, Salad days
16. Dr. Indu Arneja, Clinical Psychologist
17. Dr. S.S. Biswas, Art Historian, archaeologist and museologist. Former Director General, National Museum and former vice chancellor of National Museum Institute
18. Rana Safvi, Writer, historian and blogger

19. Ms. Shabnam Hashmi, Social activist
20. Ms. Nasera Sharma, Eminent Sahitya Academy award winning Hindi writer
21. Dr. Davinder Kaur, Eminent Punjabi Poet and Critic.

In order to further substantiate the academic enhancement of students, the college organized multiple departmental field trips to places and locations of specific relevance to the various departments. These trips promoted an inclusive learning through exposure and experience of students allowing them to interact with real life learning. An indicative list of the various educational and field trips is given below:

#### DEPARTMENT FIELD TRIP

##### 1. Botany

- Botanic Garden of Indian Republic, Noida
- National Bureau of Plant Genetic Resources
- Indian Agriculture Research Institute, Pusa

##### 2. Chemistry

- CSIR-National Physical Laboratory

##### 3. Chemistry and Physics

- Amity Institute of Nano-technology, Noida

##### 4. Hindi

- National School of Drama, New Delhi

##### 5. History

- Heritage Walk to Qutab Complex, understanding past through Architecture
- Heritage Walk to Purana Qila, Experimental learning Archaeological excavation at the ancient city of Indraprastha.

##### 6. Mathematics

- Indian Statistical Institute, New Delhi

##### 7. Physics

- National Physical Laboratory, New Delhi

##### 8. Political Science

- Study tour to Amritsar (wagah border, Harmandir Sahib, Jallianwala Bagh)

##### 9. Sociology

- Dalhousie field trip
- Jim Corbett National park field trip

##### 10. Zoology

- Aravali Biodiversity Par for onsite workshop on wild life conservation and management
- Sulabh International Social Service organization
- Study trip to Manali and Great Himalayan National Park, Kullu

## **Best practices 2:**

Imparting health education through various activities organized by different committees of the college in order to encourage teachers, students and support staff to adopt a healthy state of physical, mental and social well being, the health and hygiene committee, NSS, NCC and Sports Committee organized a number of activities through-out the year.

The activities involve multidimensional processes involving physical, psychological and social dimensions of health. These are:-

1. A two-day eye check- up camp by Bharti Eye Hospital on 13<sup>th</sup> and 14<sup>th</sup> September 2017. Team was equipped with Autorefractor machine, Retinoscope, and Trial Set Box. Dr. Anureeta Wadhawan, consultant ophthalmologist and Ms. Salma, optometrist headed the team. More than 400 students are benefitted.
2. Health quiz was held on 26<sup>th</sup> September 2017 in which 14 teams of two members each participated. Quiz consisted of three rounds viz. multiple-choice questions, answers yourself and rapid fire round and questions for the audience. First, second and third prizes were awarded to the winning teams.
3. Lecture and interactive session by Dr. Dipti k. Yadav from Venkatshwar Hospital, Dwarka on UTI- Prevention & Treatment was held on 12<sup>th</sup> April 2018. It was followed by one-to-one consultation in which students and faculty consulted Dr. Yadav to find solution to their problems.
4. Third International Day of Yoga celebrated on June 21, 2017 as a continuation of the practice followed every year.
5. Awareness about cleanliness was propagated by celebrating Swachhta Pakhwara during August 1, 2017 to August 15, 2017:
  - On August 2, 2017, the volunteers were briefed about the concept of cleanliness campaign and the objective of Swachhta Pakhwara. Swachhta Spath was administered to the volunteers.
  - On August 3, 2017, the volunteers were involved in cleaning of the college campus.
  - On August 10, 2017, they visited the local dispensary for carrying out the cleanliness drive. They also went to the nearby bus stop, „Bapu Dham“, and tried to create a hygienic environment there too.
  - A rally outside the college was conducted with the volunteers carrying posters and placards related to cleanliness.
6. Empowerment of volunteers to become future ambassadors and service by volunteers. Some of the volunteers participated in:-
  - One-day sensitization programme on „Prevention of drug abuse among the youth“ organized by ARSD College in Collaboration with National Institute of Social Defense (NISD), Ministry of Social Justice and Empowerment, Government of India on September 18, 2017.

- NSS day organized by JNU on September 24, 2017 and showcased their achievements.
- Training for taking care of patients with Alzheimer's disease at Alzheimer's Related Disorder Society of India, Delhi Chapter on November 16 and 17, 2017. The training was arranged by Col. V. K. Khanna. Subsequent to this, the volunteers also served at their day care center.
- One-day training programme on „Substance Abuse, Youth and Higher Education“ organized by ARSD College in Collaboration with National Institute of Social Defense (NISD), Ministry of Social Justice and Empowerment, Government of India on November 1, 2017.
- One of the volunteers attended workshop on “Human Value Development” organized by All India Institute for Human Values & Resource Development (AIIHV&RD) on November 13 and 14, 2017.
- Three volunteers actively supported the “Khelo India School Games” from January 27, 2018 to February 10, 2018.
- Some of the volunteers worked as scribe for exam writing for students with learning disabilities at Sanskriti School.